

TECHNIQUE

WORKOUT PLAN

TAFFANEL + GAUBERT

- NO.1**
- BEGIN ON LOW B, EXTEND THIRD OCTAVE
 - SING + PLAY/SLUR/DOUBLE TONGUE
 - AIR SOUNDS TO HEAR YOUR SUPPORT + CONSISTENCY
 - ABBREVIATED VERSION: ONE REPETITION ALL THE WAY UP
 - IDENTIFY THE EXCHANGES THAT CAUSE INSTABILITY OF HANDS
 - (APPROX. 7-8 MINUTES TO COMPLETE AS WRITTEN)
- NO.4**
- B, C, C#, D: COMPLETE IN 3 OCTAVES
 - DEBOST SCALE GAMES TO VARY ARTICULATION
 - USE COLOR + DYNAMIC FOR BREATH EFFICIENCY
 - CONSISTENT TONE IN ALL REGISTERS
 - (APPROX. 9-12 MINUTES TO COMPLETE AS WRITTEN)
- NO.5**
- SING AND PLAY OR FLUTTER TONGUE
 - USE ARTICULATIONS TO ENCOURAGE EVEN GROUPING
 - ISOLATE THE LEAST EVEN SPOTS EVERY TIME
 - STRIVE FOR CLARITY AND ACCURACY
 - (APPROX. 3-5 MINUTES TO COMPLETE AS WRITTEN)

REICHERT

- NO.1**
- ADD A DIMINUENDO TO THE ASCENDING ARPEGGIOS
 - SING + PLAY TO ENCOURAGE SUPPORT THROUGHOUT
 - ALTER BETWEEN SLURRING + TRIPLE TONGUING
- NO.2**
- BREATH MANAGEMENT: PLAY AT THE SLOWEST TEMPO POSSIBLE IN ONE BREATH
 - USE A LIGHT, CONSISTENT SOUND
 - PLAY IN MULTIPLE OCTAVES
 - ADD A < > OR > < OVER THE 8 BARS
 - GAUGE A CRESC. OR DRECRES. OVER THE 8 BARS IN ONE BREATH

MAQUARRE

- NO.2**
- VERY SLOW FOR CONSISTENT, SMOOTH TRANSITIONS
 - PLAY WITH ONLY AIR SOUNDS TO DETECT VARIATIONS IN SUPPORT DURING SPECIFIC INTERVALS
 - ONLY INCREASE SPEED ONCE EASE IN FLEXIBILITY IS ACHIEVED

