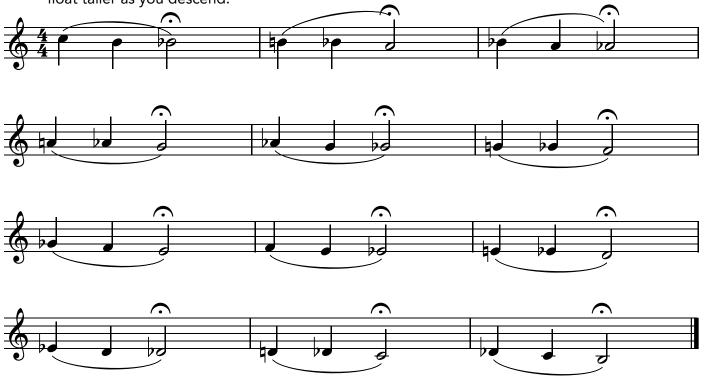
Effortless Low Register Warm-Up

Jolene Madewell

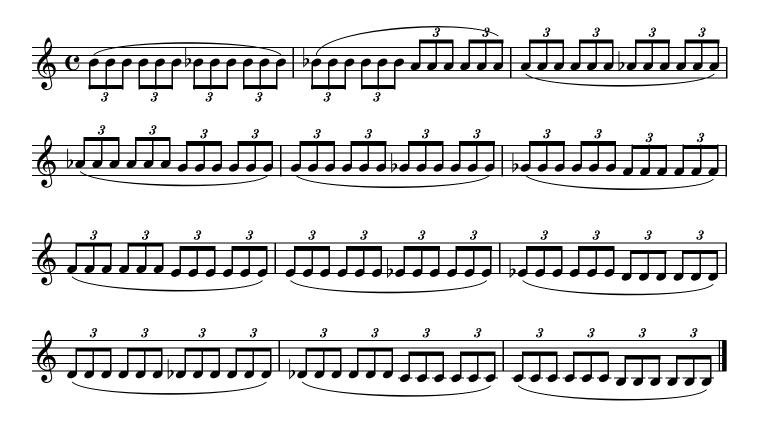
1. AIR FLOW & RESONANCE: Free, generous inhale into a flowing sigh exhale. Allow the soft palate and jaw to be easy, spacious, and resonating. Release the arms and hands, float taller as you descend.



2. ANGLE FINDERS: (Inspired by M. Moyse) Play as breath attacks or single tongued with vibrato using generous air. If we're cracking, stuffy, or forced, encourage spaciousness within the mouth, a free-hanging jaw and relaxed tongue, release the aperture, and most importantly, find the best angle where each note can ring with ease.



Triplet Vibrato Pulses, Low Register: Exaggerate the pulses and resolve any airiness or cracking by relaxing the jaw, allowing resonance, and adjusting aperture and angle.



3: OCTAVE SLURS: Maintain richness and connection through the descending octaves especially, encourage easy airflow and flexibility as we ascend into the upper register.

